Annual Report
January - December 2007

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Year in Review

2007 was a year of change for KABC.

After nearly ten years as Executive Director, Deanne Bacco retired from Kansas Advocates for Better Care. Deanne’s tenure was a period of organizational stability, outreach and growth for KABC. She was instrumental in maintaining KABC’s organizational reputation, its professional board of directors, and the quality of our staff. Her efforts resulted in growth in grant projects, educational outreach, and organizational technology, including a redesigned website. Deanne helped implement major fund-raising campaigns including the establishment of the KABC Endowment Fund. Deanne’s efforts focused on finding the best way to manage KABC’s scarce resources to meet the ever-changing and ever-increasing needs of consumers needing long-term care.

On October 1, 2007, Mitzi McFatrich of Lawrence began as KABC Executive Director. Mitzi has over 25 years of experience in business management, advocacy, communications and fund development in non-profit and small business. Over half of her years of experience have been in health care arenas, and, like so many of us, she has hands-on experience with aging relatives. Most recently, Mitzi was Executive Director for the Foundation on Aging in Mission, Kansas.

We wish Deanne all the best in her retirement, and welcome Mitzi. Change in leadership brings about challenges - however the KABC board and staff look forward to working with Mitzi, and watching KABC’s continued growth under her watch.

In August 2007, Harriet Burgess Nehring passed away. Harriet was the first Executive Director for then Kansans for Improvement of Nursing Homes (KINH), a position she held for 15 years before retiring. She highly valued public and professional education about nursing home issues. Earl Nehring’s generosity is establishing a fund honoring Harriet’s dedication to quality long-term care. These funds will support much needed education outreach and training for professional and non-professional caregivers across Kansas.

KABC’s board and staff are grateful to all our members and supporters for their generosity in 2007. We are looking forward to a prosperous and exciting new year!
Grant-funded Projects

“Workforce Enhancement”

The Kansas Department on Aging once again awarded KABC a “Workforce Enhancement” grant in 2007. From March through September, Isla Richards RN provided presentations about “Understanding Nursing Home Regulations” to over 600 unlicensed staff and approximately 150 licensed staff at the following facilities. The booklet used in these presentations is available online:


• Eventide Convalescent Center, Topeka
• Providence Living Center, Topeka
• Flint Hills Care Center, Emporia
• Medicalodge of Gardner
• Hillside Village of DeSoto
• Plaza West, Topeka
• Lakepoint Nursing & Rehab, Augusta
• Pioneer Ridge, Lawrence
• Medicalodge of Atchison
• The Cedars, McPherson
• Medicalodge East of Kansas City
• Holiday Resort of Emporia
• Royal Terrace, Olathe
• Garden Terrace of Overland Park

“Technology Infusion”

In 2006, The Sunflower Foundation of Topeka awarded a capacity building grant to KABC. The grant request was based on the need for updated office computers and software, speaker phones for conference calling, and a new multifunction color copier/printer. The grant also provided funds for computer consulting costs. The final grant report was submitted in June, 2007.

The grant allowed KABC to purchase two new HP computers, two new Polycom speaker phones, and a Savin color printer/copier/scanner. The grant also paid for a local computer consulting firm to house all KABC files on remote servers. The firm provides back-up service and technical support, and has updated the KABC website (www.kabc.org) with a new, fresh look.

We at KABC knew that having updated equipment would be a terrific addition to the organization. The new technology has increased staff efficiency, provides more safeguards for computerized documents, databases and financial files, and allows us the opportunity to create professional-looking color publications in the office. We often receive compliments about the quality of our paper presentations, now done in color. Our website visits are steadily increasing, making KABC more widely available to our target audience, the “boomer” population.

The KABC staff and board is very grateful to the Kansas Department on Aging, and the Sunflower Foundation for funding these worthwhile projects.
Currently active members and contributors

KABC appreciates all the support we receive each year. Our members and contributors continue to help us thrive. The following list represents all KABC paid members and contributors as of December 31, 2007. “Cerfer” members are underlined. “Endowment Founders” are in a larger, bold font.

Accident Recovery Team/Jeff Tevis
Lois Clark
Robert & Cynthia Claus
Carol Clifford
Florence Close

 JT Compton/ABC Foundation
Wayne & Nancy Cottril
Tom Coulter
Anne Cowan
Jean Cowles
Charley & Lynne Crabtree
Fred Craig
Morton & Una Creditor
W. Hobson & Helen Crockett
Warren Culver

Evie & Bob Curtis
Bill Cutler

 William Dann
Delaware Highlands
Mae Dobie
Michael & Gay Doudoroff
Joseph M. Douglas
Jim Doyle

 JW & Florence Drury
East Central KS AAA
Eva Edmands

Irène Edwards

Terry Edwards

Elder & Disability Law Firm

Gwen Elliott
Elmhaven Nursing Homes
Hilda Enoch

Robert & Anita Epps
Ann Etter

Eudora Nursing Home

James & Sara Farley

Margaret Farley & Ron Schneider

Oliver Finney
Frances Fischer
Henrietta Fleming-Loughary
Elizabeth Fletcher
J. Robert Fluker

Sen. Marci Francisco
Rodney & Karen Franz
Barbara Frey
Vernon & Anna Friesen
Dorothy Fritzell
Lila Fry
Robert Fullman

Garden Terrace of Overland Park
Richard Gegen
Reba George
Mary Getter
Helen Gilles
Margaret S. Gordon
Shirley Sue Gordon
Martha Graber
Annette Graham
Mary K. Greenwood
Keith A. Greiner
Roy & Marilyn Gridley
Pamela Griffin
Grandview United Methodist Women
Della Hadley
Jackie Hadl-Fromm
C.T. Hall
Nancy Hambleton
Janet Hamburg
Marie Hamilton
Richard & Patty Hanley
Janie Harris
L. Marie Haun
Alice Hayes
Virginia Hayslip
Marjorie Hazlett
Patricia Healy
Francis H. Heller
Barb Helm
James Helyar
Philip Hemphill
High Plains Retirement Village
Wayne & Dana Hild

Stephen & Marcia Hill

Hilltop Manor
Dick & Sue Himes
James K. Hitt
Alice Hixson
GW & Joyce Hoffman
Mary Lou Holcomb
Joseph Hollowell Jr. & Emily Russell
Terry Humphrey
Violet Hurlow
Tom Hynes
Janet Ikenberry
Verlin Ingram
Barbara James
Donald Janes
Mr. & Mrs. Harlan Jennings

Anonymous donor
John Arensburg
Marjorie Argersinger
William Arnold
Arrowood Lane
Asbury Park/Thomas Williams

Deanne & Lou Bacco

Bea Bacon
Barbara Bailey
Jill Baker
B. J. Baron
James W. Barrett
Myrna Bartel
H. J. Baumgartel
Ross & Marianna Beach
Jerry Bellomy
Garner & Harriet Berg
Joan & Bert Berkley
Bethany Home Association
Alta Bingham
Erika Binns
Rodney Bishop
Harriet Bixenman
Lloyd C. Bloomer
Bank of America Foundation
Mary Boyden
Barbara & Mick Braa
Marilyn Bradt
Jessie Branson
Marilyn & Ollie Brashears
Carolyn Brushwood
Greg & Susan Bryant
Butler Co. Dept. on Aging
Thomas & Pauline Buttery
Daisy Caress

Cerf-Dunbar Foundation

Marilyn Chamberlin
Chapman Valley Manor
Allan & Beth Cigler

Cerfer members are underlined.

Endowment Founders are in a larger, bold font.
Currently active members and contributors (continued)

Jewish Community Women
Johnson County Health Dept.
Jill Johnson
Judith Johnson
Brock Jones

Elizabeth Dann Jones
JoAnn Jones
David & Sharyn Katzman
Barbara Kelly
Lee Ketzel
Kansas Health Care Association
Paul & Gwyn Kitos
Tom Klammer
Jean Krahn
Lakepoint Nursing & Rehab
Arle Ann Lamberd
Ellen Laner
Johnson Co. Nursing Center
Lawrence Presbyterian Manor
Leonardville Nursing Home
Mr. & Mrs. Herb Lewis
Robert & Betty Lichtwardt
Bill & Jeanine Lienhard
Marilyn Lindsay
Linn Community Nursing Home
Linnwood Place
Carolyn Litwin
Lyle & Lucille Loader
Leavenworth Co. Council on Aging
Joan Loehr & Jerry Howell
Rita Lucas

Eloise Lynch
Jean Marchand
Harriett H. Mark
Robert Marrin
Linda Mason

Suzanne McCoy
Imo McCosh
H.R. McFarland
Mitei E. McPatrick
Beverly McGill
Toby McIntosh
Meadowlark Hills Retirement
Charles & Mary Michener
Midland Hospice Care
Jesse & Alversa Milan
Arthur & Helene Miller
Karen S. Miller
Mary P. Miller
Harry & Patricia Miller
Lucille Mitchell
Medicalodge East-Kansas City
Medicalodges, Inc.
Alton Morey

Don Morris/Midwest Coatings
Sally Morse
Mount Joseph Senior Community
Don Mueller
Jo Nedrow

Earl Nehring
Neil & Maria Nehring
Brian Nicewanger
Twyla Noller
Mr. & Mrs. Dale Norton
Charmaine Oestereich
Rice Co. Council on Aging
North Central/Flint Hills AAA
Will Orvedal
Park Lane Nursing Home
Good Samaritan Society-Parsons
Pleasant View Home
Prairie Senior Living Complex

Pratt Family Foundation
Arkansas City Presbyterian Manor
Laurence & Johanna Price
Quaker Hill Manor
Val Quant
Shane Lillich & Roxanne Rachlin
Mary Rack
Mary Rawcliffe
Mary Reardon
Jeanne Reeder
Marjorie Rees

Cathy Reinhardt
Roberta Reinch
Harold & Donna Reihm
Christopher & Deltie Riggs
Kansas State Nurses Association
Warren H. Robinson
Harlan & Sidney Roedel
Marian Root
Irene Rose
Edward & Lenore Rowe
Carol Sader
South Central AAA
Carol Schmitt & Wayne Propst
Richard & Barbara Shownen
Robert & Gladys Schroeder
Doris Schultz
Eric & Jo Scott
Jim & Virginia Seaver
Clarence & Lucy Seaver
Dan Shanelec
Arthur Alan Shaw
The Shepherd’s Center
Robert Shnalberg
Simpson Foundation
Diane Simpson

Fred & Lilian Six
Edward & Carol Slawson
Barbara Smith
Beverly Smith Billings
John Solbach
Jerrold Spady
Arlo & Laura Sporer
St. Joseph Senior Village
Olive Stanford
R.J. & Karen Stephenson
Philip L. Stevens
Linda & John T. Stewart III
Stoneybrook Retirement
John & Joan Strickler
Ann Surdez
Mrs. G.W. Swift
Barbara Thomas
Una Thompson
Peter & Judith Thompson
Donna Thonen
Ruth Tomasek
Twin Oaks Assisted Living
Unity Church of Lawrence
Wesley & Eleanor Unruh
Western Prairie Care Home
Karen Vincent
Mark Vollmer
David Walker
Patsy Walz
Norma Ward
Ruth Warren
Marian E. Warriner
Ruth Weir
Toni Wellshear
Westridge of Girard
Peter Whitenight
Willkerson, Saunders & Anderson
Jan Williams
Patricia Williams
WJ & Rosemary Williamson
David & Marion Wilson
Roger K. Wilson
Julia Wood

Molly M. Wood
Vivian Wood
George & Carol Worth
Judy Wright
Linda Wright
Wyandotte County AAA
Ina Kay Zimmerman
Richard & Diane Zinn
### 2007 Financial Report

#### ASSETS

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current Assets</strong></td>
<td></td>
</tr>
<tr>
<td>Cash-checking</td>
<td>$3,811</td>
</tr>
<tr>
<td>Money Market</td>
<td>6,887</td>
</tr>
<tr>
<td><strong>Total Current Assets</strong></td>
<td>$10,698</td>
</tr>
<tr>
<td><strong>Other Assets</strong></td>
<td></td>
</tr>
<tr>
<td>Endowment Fund</td>
<td>121,647</td>
</tr>
<tr>
<td><strong>Property &amp; Equipment, net</strong></td>
<td>$5,294</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td>$137,639</td>
</tr>
</tbody>
</table>

#### LIABILITIES & NET ASSETS

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Current Liabilities</strong></td>
<td>$1,899</td>
</tr>
<tr>
<td><strong>Net Assets</strong></td>
<td></td>
</tr>
<tr>
<td>Unrestricted</td>
<td>$14,093</td>
</tr>
<tr>
<td>Temporarily Restricted</td>
<td>121,647</td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td>$135,740</td>
</tr>
<tr>
<td><strong>Total Liabilities &amp; Net Assets</strong></td>
<td>$137,639</td>
</tr>
</tbody>
</table>

#### Unrestricted Revenue

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>$91,887</td>
</tr>
<tr>
<td>Memorials</td>
<td>10,840</td>
</tr>
<tr>
<td>Endowment Investment Income</td>
<td>10,676</td>
</tr>
<tr>
<td>Annual/Board Meeting</td>
<td>490</td>
</tr>
<tr>
<td>Membership Dues</td>
<td>8,945</td>
</tr>
<tr>
<td>Misc. Income</td>
<td>236</td>
</tr>
<tr>
<td>Interest Income</td>
<td>1,546</td>
</tr>
<tr>
<td><strong>Total unrestricted revenue</strong></td>
<td>$124,620</td>
</tr>
</tbody>
</table>

#### Net assets restricted

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Grants/Endowments)</td>
<td>12,392</td>
</tr>
<tr>
<td>Net assets restricted for purpose</td>
<td>4,345</td>
</tr>
<tr>
<td><strong>Increase in restricted assets</strong></td>
<td>16,737</td>
</tr>
<tr>
<td>Increase in net assets</td>
<td>8,120</td>
</tr>
<tr>
<td><strong>Net Assets as of Jan. 1 2007</strong></td>
<td>127,620</td>
</tr>
</tbody>
</table>

#### Expenses

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program</td>
<td>$106,249</td>
</tr>
<tr>
<td>Management/General</td>
<td>13,651</td>
</tr>
<tr>
<td>Fundraising</td>
<td>4,538</td>
</tr>
<tr>
<td>Member Development</td>
<td>4,454</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>$128,892</td>
</tr>
</tbody>
</table>

#### Change in Net Assets

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Temporarily Restricted Assets</td>
<td>$ (8,617)</td>
</tr>
<tr>
<td>(Grants/Endowments)</td>
<td>12,392</td>
</tr>
<tr>
<td>Net assets restricted for purpose</td>
<td>4,345</td>
</tr>
<tr>
<td>Increase in restricted assets</td>
<td>16,737</td>
</tr>
<tr>
<td>Increase in net assets</td>
<td>8,120</td>
</tr>
<tr>
<td><strong>Net Assets, as of Dec. 31 2007</strong></td>
<td>$135,740</td>
</tr>
</tbody>
</table>

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### 2007 Major Contributors

- William Dann
- J.T. Compton/ABC Foundation
- Earl Nehring
- Jackie Hadl-Fromm
- J.W. & Florence Drury
- Elizabeth D. Jones
- Molly M. Wood
- Cerf-Dunbar Fund of the Community Foundation for the National Capital Region
- Thomas & Pauline Buttery
- James & Sara Farley
- Evie & Bob Curtis
- Bank of America Foundation
- Toby McIntosh
- Linda & John T. Stewart III
- Margaret Farley & Ron Schneider
- Wayne & Nancy Cottril
- Philip S. Hemphill
- J. Robert Fluker
- Deanne & Lou Bacco
- Jean Krahn
- Barbara & Mick Braa
- Karen Vincent
- Carolyn Brushwood
- Mark Vollmer
- Robert & Cynthia Claus
- Joseph Hollowell & Emily Russell
- Don Mueller
Information & Services Provided

KABC works in many ways to educate and equip consumers dealing with long-term care issues. This chart summarizes our efforts to provide good information to our members, contributors, consumers and nursing home staff who attend grant-related training sessions.

<table>
<thead>
<tr>
<th>Assistance Provided</th>
<th>2007</th>
<th>2006</th>
<th>2005</th>
<th>2004</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requests for information (from our toll-free number)</td>
<td>842</td>
<td>864</td>
<td>961</td>
<td>1,088</td>
</tr>
<tr>
<td>Website visits</td>
<td>4,408</td>
<td>3,295</td>
<td>3,775</td>
<td>3,000</td>
</tr>
<tr>
<td>Total newsletters sent (5 times/year to members, contributors, and legislators)</td>
<td>3,450</td>
<td>3,425</td>
<td>3,375</td>
<td>3,250</td>
</tr>
<tr>
<td>Attendees at training sessions</td>
<td>750</td>
<td>1,621</td>
<td>1,568</td>
<td>1,926</td>
</tr>
<tr>
<td>Testimony presented to legislature</td>
<td>7 bills</td>
<td>5 bills</td>
<td>5 bills</td>
<td>6 bills</td>
</tr>
</tbody>
</table>

In addition to the outreach efforts identified above, many KABC board members provide a considerable amount of time and energy to promote KABC. The following information represents only a small part of board member time and outreach for 2007:

- Legislative testimony, public relations and fundraising: approximately 125 hours
- Individuals reached: approximately 500

Each KABC board member also spends about 30 hours per year attending quarterly board meetings and monthly executive committee meetings. This information was taken from contact tracking reports provided by individual board members.

*We are very appreciative of the support provided by each and every board member.*
Legislative Activities

During the 2007 Legislative Session, KABC provided testimony on the following bills (KABC position in parenthesis):

- HB 2196: Addition of regional long-term care ombudsmen. (support)
- HB 2342: Nurse pronouncement of death of resident in nursing homes. (oppose)
- HB 2649: Pain management & palliative care. (support)
- HCR 5011: Support for Family Caregivers. (support)
- SB 491: Nursing Home Residents increase in daily personal financial allowance. (support)
- SB 530: Physician determine cause of death of nursing home resident but not required to be on-site. (support with caution)
- Department Budget for Kansas Department on Aging (support)

Networking Activities

KABC voices the concerns of long-term care residents and their families with state government agencies and other state organizations when working on shared goals. Throughout the year, KABC gave presentations or provided testimony to State and Federal representatives, the Governor’s conference, the State Long-Term Care Ombudsman, the Kansas Association of Homes & Services for the Aging (KAHSA), and various Agencies on Aging. In addition, Deanne Bacco and Mitzi McFatrich interacted or participated with:

- AARP Kansas (Deanne was, and Mitzi is now on the Executive Council)
- Adult Care Home Advisory Committee (KDOA)
- Advancing Excellence in America’s Nursing Homes Campaign - LANEs
- Alliance of Health Associations
- Coalition to Honor End of Life Choices (Douglas County)
- Culture Change Coalition
- Douglas County Coalition on Aging (new initiative)
- K4A regional caregiver conference: “Caregiving Across the Ages” (new participation)
- Kansas Alliance for Caregivers
- Kansas Association of Area Agencies on Aging (K4A)
- Kansas Department on Aging (KDOA) advisory committees, and a booth at the May 2007 Governor’s Conference
- Kansas Foundation for Medical Care (KFMC) Advisory Council
- Kansas Health Policy Authority-Consumer Advisory Committee
- KC Partnership for Caregivers (new participation)
- KU master’s level school of social work (new participation)
- Lawrence Area Partners in Aging
- LIFE Project for end-of-life care & pain management
- OKIRSA – Older Kansans Information & Referral Services Association
- PEAK-Ed Advisory Committee (promotes person-centered long-term care)
- KSU Center on Aging
- Senior Advocacy Network of Johnson County
- Social and Rehabilitative Services-“Money Follows the Person” project Steering Committee (new initiative)
Plans for the Future

During 2007, KABC worked diligently to realize Strategic Plan goals. The following indicates the positive steps taken toward KABC Strategic Plan (2007-2010) internal goals:

- An endowment fund with $250,000 in assets (~$124,000 as of 12/31/07)
- A membership/donor base of 1,000 persons who provide an average of $100 each to yield an annual operational funding base of $100,000. (82 “Cerfer” members as of 12/31/07 compared with 32 as of 12/31/06)
- Annually assist 1,000 consumers calling the toll-free number with guidance/consultation, including providing follow-up materials. (842 calls to KABC’s toll-free number in 2007)
- Board Member outreach through presentations/materials touch 5,000 persons. (approximately 500 in 2007)
- 5,000 visits to the web site each year. (4,408 in 2007)
- Members in all 105 Kansas Counties. (55 counties in 2007)
- Make Consumer Information Reports available for ordering via the KABC website, and emailed to consumers. (available as of August 2007)

KABC continues to present concerns to the Kansas Legislature regarding adequate nursing home staff to provide quality health care to residents. KABC supports NCCNHR’s recommends a minimum of 4.13 nursing staff hours per resident day.

The State Long-Term Care Ombudsman (SLTCO) program has a goal to have paid regional ombudsman in each of the eleven area agency on aging regions. To date, there are nine regional Ombudsman in Kansas. The SLTCO wants every nursing home to have a well-trained volunteer ombudsman and/or friendly visitor. KABC will be working with the SLTCO on the “Ombuddy” Program in 2008 to facilitate this goal. In addition, two bills in 2007 addressed this concern. KABC fully supports these efforts.

2008 looks to be a year full of challenges and positive change. We look forward to your participation with long-term care efforts in 2008.

Acknowledgments

Kansas Advocates thank the following businesses who have volunteered substantial time and/or services to further KABC projects throughout 2007:

◊ Pam & Kevin Wold—former owners of American Presort of Topeka for the many years they provided mailing services for KABC newsletters.

◊ Steve & Kelly Wildeman, new owners of American Presort— for “adopting” KABC from the Wolds!

◊ Earl Nehring for contributing so generously to establish the Harriet Nehring Education Fund & endowment memorial fund.

◊ KABC Board Members, who regularly promote KABC through their networks.
Most people try not to think about nursing homes… that’s why we think about them every day.

My $ _______________ tax deductible contribution is enclosed.
(Please identify how you prefer your gift to be used):

As a memorial to __________________________________________________________

To the Harriet Nehring Education Fund ____        To KABC Endowment Fund  ____

General contribution _____

KABC is a 501(c)(3) non-profit, as identified by the IRS.
Your support continues the mission of advocating for quality long-term care for frail and elderly Kansans.
All contributions are tax-deductible, as provided by law.

Name__________________________________________________________________________________
Address ________________________________________________________________________________
City, State  ______________________________________________  Zip  _________________________

Make checks payable to Kansas Advocates for Better Care and return to:

913 Tennessee, Suite 2       Lawrence, KS  66044